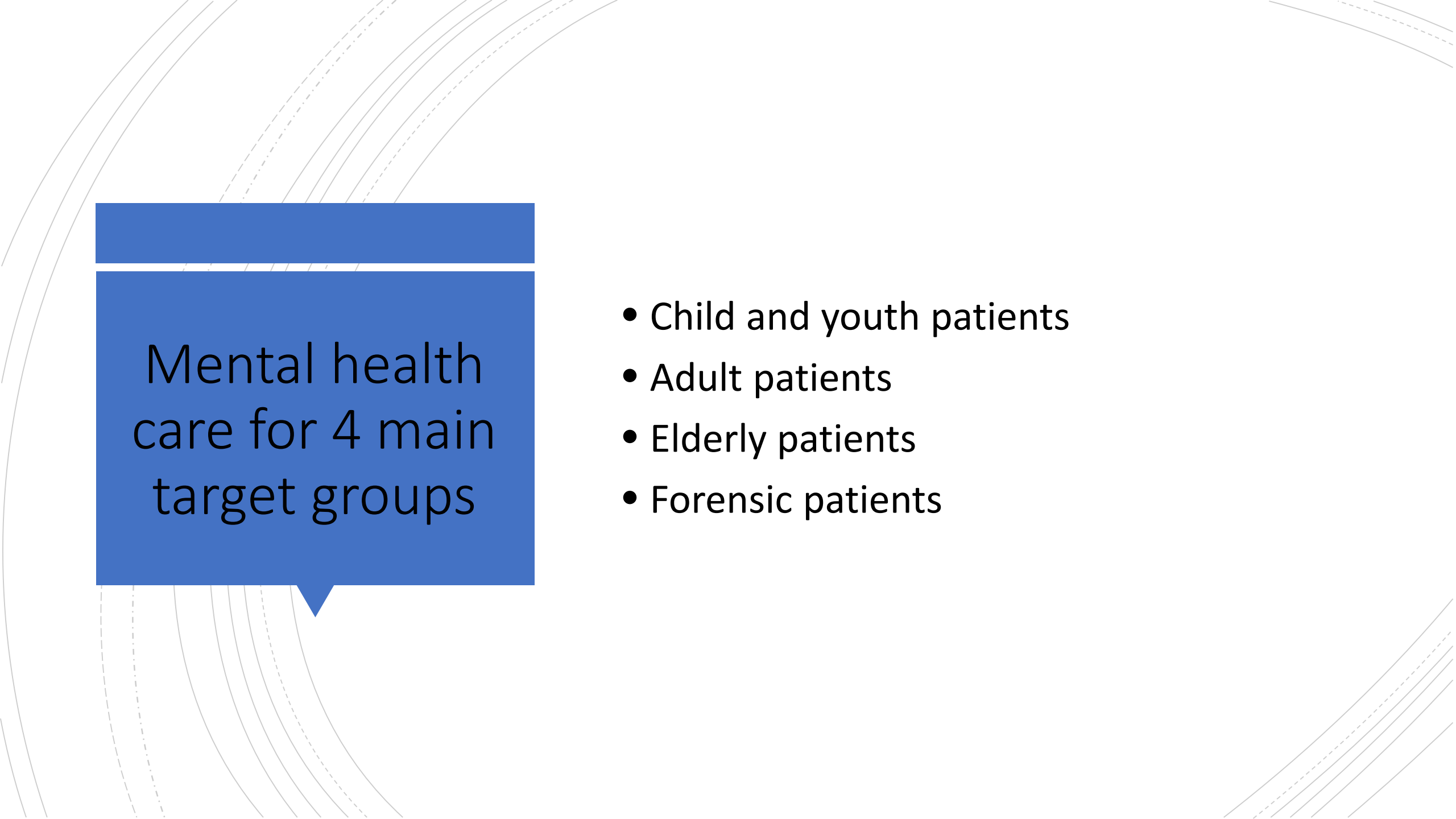




Mental health in Belgium


Change of mental health care in Belgium

- Change of the law in 2010, article 107
- Recent transformation from a supply-driven to a demand-driven mental health care system, based on the needs of people with mental health problems and based on their concrete living-, learning- and working- environment, outreaching working, stepped-care principle, patient ownership.
- A demand-driven mental health care system will try to prevent residential admissions as much as possible. However, if admission is unavoidable, the aim will be to stay in a residential setting as short as possible.
- This will lead to a step-by-step adjustment of care system within acceptable conditions for everyone working in the health sector. It's a work in progress!

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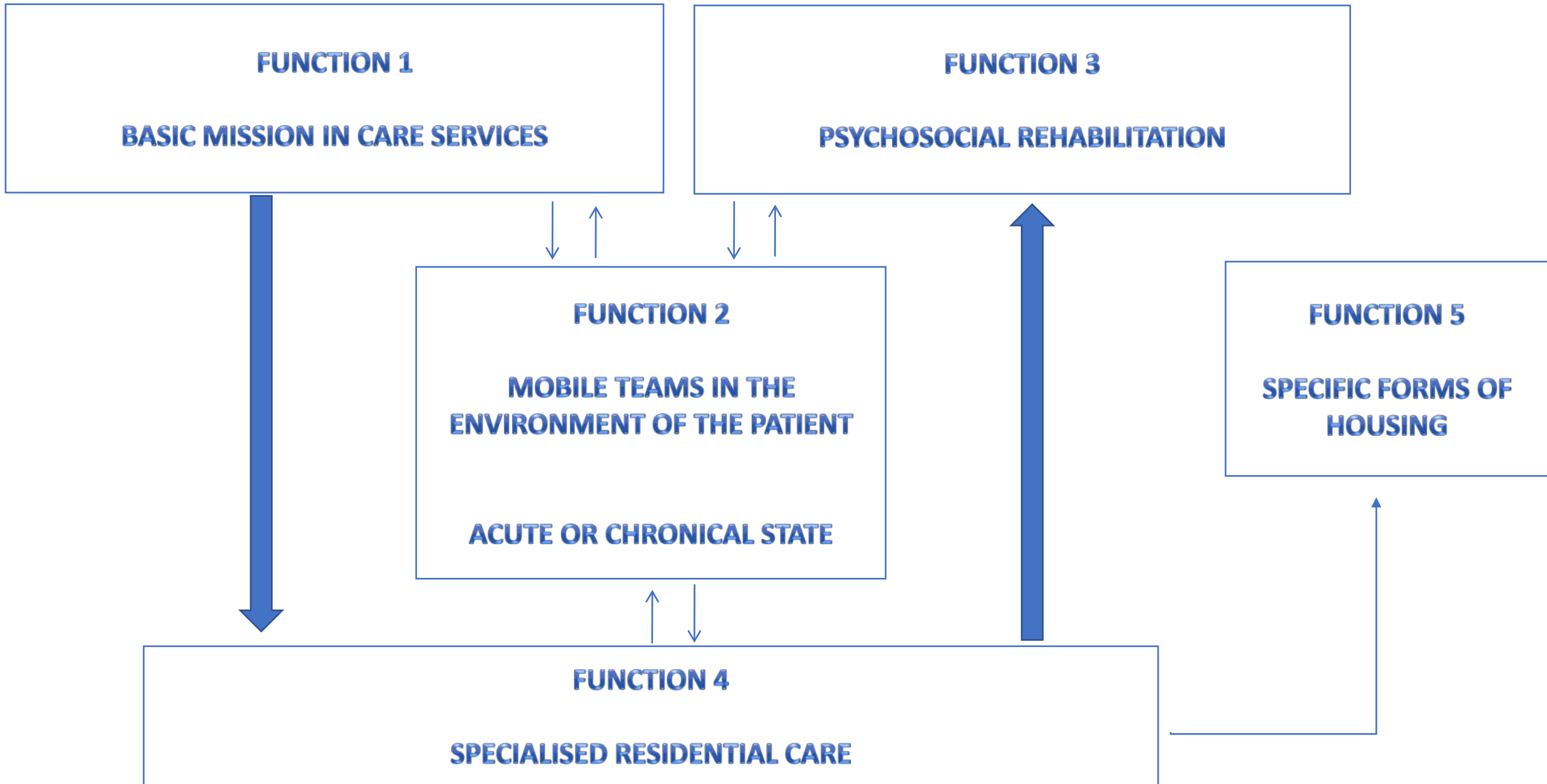
Mental health care for 4 main target groups

- Child and youth patients
- Adult patients
- Elderly patients
- Forensic patients

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Mental health organised in 5 functions

- Basic mission in care services
- Mobile teams
- Psychosocial rehabilitation
- Specialised residential care
- Specific forms of housing



Function 1

Basic mission in care services

- Prevention, early detection and early intervention
- Non-residential
- First line care

Function 2

Mobile teams

- in the home environment of the patient
- Acute or chronic
- Easy accessible
- Customized care
- In crisis situations: immediate and intensive action
- Alternative for hospitalization

Function 3

Psychosocial rehabilitation

- Reintegration into society and working life
- Customized
- Training daily life skills

Function 4

Specialized residential care

- Residential care in case mobile support is no longer appropriate
- High intensity and frequency
- A medical somatic, psychological and psychiatric approach
- Preservation of the patient's network

Function 5

Specific forms of housing

- A stabilized chronic psychiatric problem with limited opportunities to reintegrate into society
- Objective: support the daily life organization + facilitate integration into society
- Types:
 - Protected houses / sheltered housing
 - Supervised apartments
 - Any other modified form of housing